

Diseases, Symptoms or Conditions Treatable with Acupuncture

The World Health Organization (WHO) has conducted extensive research of acupuncture. Some of the diseases, symptoms or conditions for which acupuncture has been proved through controlled trials to an effective treatment or have therapeutic effect are the following:

Mental-emotional

- Anxiety
- Depression
- Stress
- Insomnia

Dermatological

- Eczema
- Acne
- Herpes
- Pruritus (itchy skin)

Muscle-skeletal and Neurological

- Pain
- Arthritis
- Neuralgia
- Sciatica
- Back Pain
- Bursitis
- Tendonitis
- Knee pain
- Stiff neck, neck pain

- Bell's palsy
- Trigeminal neuralgia
- Headache
- Shoulder pain
- Stroke
- Cerebral palsy
- Polio
- Sprains
- Fibromyalgia

Internal

- Hypoglycemia
- High Blood Pressure
- Low blood pressure
- Ulcers
- Colitis
- Biliary colic (gallstone pain)
- Gallstones
- Indigestion
- Hemorrhoids
- Diarrhea
- Constipation

Diabetes

- Nausea, and vomiting
- Epigastralgia (stomach pain)
- Abdominal pain
- Renal colic
- Alcohol & Drug dependency and detoxification
- Cardiac neurosis (palpitation, chest pain)
- Diabetes mellitus, non-insulin dependent
- Obesity
- Urolithiasis (kidney/bladder stones)

Respiratory & Infections

- Colds and flu
- Bronchitis
- Asthma
- Allergic rhinitis (including hay fever)
- Sore Throat
- Hepatitis
- Bacillary dysentery

Eyes-Ears-Nose-Throat

- Deafness
- ringing in the ears
- Earaches
- Poor eyesight
- Eye pain due to subconjunctival infection
- dizziness
- sinus infection
- sore throat
- Nosebleeds

Genito-Urinary and Reproductive

- Male sexual dysfunction
- Infertility
- Pre-menstrual syndrome (PMS)
- Pelvic Inflammatory disease (PID)
- Polycystic ovarian syndrome
- Prostatitis
- Vaginitis
- Irregular period

- Dysmenorrhea
- Morning Sickness
- Malposition of Fetus
- Induction of labour
- Lactation, deficiency
- Bladder Infections
- Hypo-ovarianism